

# Garden Expo Sunday Seminars and Demonstrations

## Sunday, February 10, 2019

### Seminars

<p><b>10:15</b></p>	<p><b>Air Plant Aid*</b> Joseph Tyconievich, Greensparrow Gardens Mendota 1-2 10:15 AM - 11:15 AM Session Description Air plants need more than just air to survive. Like any other plant, they need regular water, occasional fertilizer and the proper amount of light. Unlike other plants, they grow happily without roots or soil, making them versatile, unusual pieces of living art. Learn everything you need to know to care for your air plants, and how to integrate them into art and decor in ways that allow them to continue to thrive.</p>	<p><b>The Versatility of LED Grow Lights*</b> B.J. Miller, Happy Leaf LED Mendota 5 10:15 AM - 11:15 AM Session Description This presentation will cover LED grow lights for transplants, over-wintering, propagating and growing an indoor garden.</p>	<p><b>Time for Tea: Herbal Drinks You Can Grow!*</b> Erin Presley, Olbrich Botanical Gardens Mendota 8 10:15 AM - 11:15 AM <i>Also scheduled: Fri. 2:45 PM</i> Session Description Your garden can offer a wealth of herbal flavors for refreshing summer and warming winter beverages. Olbrich Herb Garden horticulturist Erin Presley will cover the basics of growing, using, and preserving herbs commonly used for beverages, from old standbys like mint tea to fun new ideas like setting up an herbal cocktail station!</p>	<p><b>How to Start Native Plants from Seed*</b> Kaitlyn O'Connor, Prairie Moon Nursery Waubesa/Kegonsa 10:15 AM - 11:15 AM <i>Also scheduled: Fri. 5:30 PM</i> Session Description The most challenging aspect of growing native plants is starting from seed. Learn the tricks of the trade so you can grow your own native garden for a fraction of the cost.</p>
<p><b>10:30</b></p>	<p><b>Know the Enemy: Poisonous and Nettlesome Plants of Garden, Field and Forest*</b> David Eagan, Wisconsin State Herbarium, UW-Madison Mendota 3 10:30 AM - 11:30 AM <i>Also scheduled: Sat. 3:45 PM</i> Session Description Can you identify wild and garden plants that might cause trouble? It pays to know which species can sting or blister skin, cause allergies or illness and even kill. Photos and ID tips for a wide variety of plants will be presented, along with remedies and management options.</p>	<p><b>Garden Upwards*</b> Mark Dwyer, Rotary Botanical Gardens Mendota 4 10:30 AM - 11:30 AM Session Description Mark will examine a wide range of options and opportunities for growing plants vertically and maximizing use of garden space.</p>	<p><b>Straw Bale Gardening</b> Joel Karsten, Straw Bale Gardens Mendota 6-7 10:30 AM - 11:30 AM <i>Also scheduled: Fri. 3:00 PM and Sat. 4:45 PM</i> Session Description Learn the basics of setting up a straw bale garden for growing vegetables, herbs or flowers in our northern climate. Joel will discuss why and how it works, while diving into the biology that makes the concept work so well. Hear some of the mistakes new straw bale gardeners often make and how they can easily be avoided. If traditional gardening is getting too physical for you, learn this method and you will be gardening much later in life. Learn how straw bale gardening is providing a simple, sustainable and practical solution for world hunger.</p>	<p><b>Plants That Enhance the Winter Landscape</b> Zach Steeno, Rose Innovations LLC Monona/Wingra 10:30 AM - 11:30 AM Session Description Characteristics such as bark, stem color and attractive seed pods carry the garden through winter. Broad leaf evergreens give us garden green during a season dominated by white. You can even pick flowers from your garden on Christmas morning.</p>

11:30	<p><b>Localizing Sustainable Agriculture and Growing Your Own Food*</b>  Dan Small, <i>Outdoor Wisconsin</i>  Mendota 1-2  11:30 AM - 12:30 PM  <i>Also scheduled: Fri. 5:15 PM and Sat. 1:00 PM</i>  Session Description  Learn about Dan's experience of producing food with his wife on their 10-acre homestead. Dan will cover what communities and families can do to grow nutrient-dense food, and how agriculture sustains our ecosystems and health.</p>	<p><b>Organic Landscape Maintenance Practices</b>  Becky Kielstrup, Avant Gardening &amp; Landscaping  Mendota 5  11:30 AM - 12:30 PM  Session Description  Interested in reducing chemical usage in your landscape? Becky will present many options from organic lawn care to integrated pest management to practical maintenance strategies anyone can apply.</p>	<p><b>Garden Design to Create a Healing Sanctuary*</b>  Jane Hawley Stevens, Four Elements Organic Herbals  Mendota 8  11:30 AM - 12:30 PM  Session Description  Connect with that which sustains us and tune into your inner guidance for clarity and well-being through your garden! Learn the basics of designing a garden, site selection, soil preparation and the variations between formal and informal gardening. This presentation expands the mind to engage the senses for creating a space to spark creativity, gratitude and reciprocity.</p>	<p><b>Agriculture and Whole Health Wellness for Veterans*</b>  Denise Chapin, Williams S. Middleton Memorial Veterans Hospital  Waubesa/Kegonsa  11:30 AM - 12:30 PM  <i>Also scheduled: Sat. 9:30 AM</i>  Session Description  The Madison VA hospital seeks veterans who have interest in an agricultural vocation or are already working in ag, but want to expand their knowledge and skills. Access healthcare in a whole health model of care to participate in the Veteran Affairs Food and Ag Rehab and Employment Support (VAFARMS) pilot program.</p>
11:45	<p><b>From Chaos to Calm: Creating a Three-Acre Mini-Farm From Scratch*</b>  Jim and Mary Competti, Old World Garden Farms  Mendota 3  11:45 AM - 12:45 PM  <i>Also scheduled: Fri. 1:30 PM and Sat. 2:15 PM</i>  Session Description  Whether it's planting a garden, raising a few chickens, keeping bees, or tending to a flower-filled yard, people are yearning for a more simple lifestyle and the opportunity to create a more meaningful, fulfilling, and fun-filled life. In this inspiring talk, Jim and Mary will take you through the story of creating their own little three acre mini-farm from scratch, taking their lives from chaos to calm. From gardening and landscaping to creating everything from a chicken coop to a barn, they show how following your dreams and passions can take you to your happy place.</p>	<p><b>Succulent Success*</b>  Joseph Tyconievich, Greensparrow Gardens  Mendota 4  11:45 AM - 12:45 PM  Session Description  Succulent plants are unique for their gorgeous, sculptural forms and beautifully colored leaves. These plants can be very resilient and easy to care for if you choose and grow them with a little knowledge. Unfortunately, Pinterest and viral videos often give bad advice that leads to the untimely demise of many an innocent succulent. Learn how to keep your succulents looking their very best for years to come.</p>	<p><b>Edible Landscaping*</b>  Emily Steinwehe, Emily Plants  Mendota 6-7  11:45 AM - 12:45 PM  <i>Also scheduled: Fri. 12:15 PM and Sat. 11:45 AM</i>  Session Description  Are you wondering how you can grow more perennial edibles in a beautiful garden? Emily will share her lessons learned from 11+ years of edible landscaping in Madison. Learn about her successes and failures, lower maintenance plants, plant sources and more.</p>	<p><b>Keeping Mosquitoes at Bay - Fact and Fiction*</b>  Paul Ganshert, Ganshert Nursery &amp; Landscapes  Monona/Wingra  11:45 AM - 12:45 PM  Session Description  Look into the real and sometimes bizarre ways to keep the mosquitoes at bay long enough for you to enjoy the great outdoors. We will look at ways to repel mosquitoes that work and don't work.</p>

12:45	<p><b>Everything You Need to Know About Hydrangeas and Their Best Companion Plants!*</b> Melinda Myers, Representing American Transmission Company/Grow Smart Mendota 1-2 12:45 PM - 1:45 PM <i>Also scheduled: Fri. 2:45 PM</i></p> <p>Session Description Learn tips for the selection, planting and care of hydrangeas. Plus, Melinda will demystify pruning techniques for various types of hydrangeas. Sheâ€™ll also provide examples of the best companion plants for hydrangeas to create beautiful plantings in your landscape. Presentation made possible with support from American Transmission Company/Grow Smart.</p>	<p><b>Maple Syrup Production for Beginners*</b> Theresa Baroun, Wisconsin Maple Syrup Producers Mendota 5 12:45 PM - 1:45 PM <i>Also scheduled: Fri. 1:45 PM</i></p> <p>Session Description Learn how to make maple syrup, as well as information about the nutritional value and history of Wisconsin maple syrup. Free beginner books developed by the WMSPA will be handed out.</p>	<p><b>Groundwork Milwaukee: Gaining Momentum*</b> Deneine C. Powell, Groundwork Milwaukee Mendota 8 12:45 PM - 1:45 PM</p> <p>Session Description Learn who Groundwork Milwaukee is and how we live our mission through the work we do on land, in the water and through people. Groundwork's unique green infrastructure projects, skill-building programs and community-based partnerships make us unlike any other green organization.</p>	<p><b>How to Attract Eastern Bluebirds</b> Patrick Ready, Bluebird Restoration Association of Wisconsin Waubesa/Kegonsa 12:45 PM - 1:45 PM <i>Also scheduled: Sat. 4:45 PM</i></p> <p>Session Description This seminar will cover what you need to know to attract bluebirds to your yard or parks. Learn nest box requirements, proper placement, preferred habitat, predator guards and methods that will help you attract bluebirds or other cavity nesters.</p>
1:00	<p><b>How Trees Build the Midwest</b> Jay Dampier, UW-Extension Horticulture Program Mendota 3 1:00 PM - 2:00 PM</p> <p>Session Description Learn stories behind five beloved trees that have shaped our region. Did you know that the popular Honeycrisp apples almost didn't happen? Whatâ€™s the possible link between Dutch elm disease and emerald ash borer issues in urban settings? Other trees include pines, sugar maple and white birch.</p>	<p><b>Growing Garlic in Wisconsin</b> Noel Valdes, CobraHead LLC Mendota 4 1:00 PM - 2:00 PM <i>Also scheduled: Fri. 5:30 PM</i></p> <p>Session Description Garlic is a healthy and essential cooking ingredient. It's easy to grow, but best yields require good timing. Learn how to grow, harvest and store garlic.</p>	<p><b>Simple Things*</b> Jerry Apps Mendota 6-7 1:00 PM - 2:00 PM <i>Also scheduled: Sat. 2:15 PM</i></p> <p>Session Description From learning how to deal with hungry critters to becoming friends with a garden hoe, Jerry shares ten simple lessons he's learned from 50 years of gardening in central Wisconsin.</p>	<p><b>Fertile Soil, the Frontier Between Geology and Biology*</b> James "Sandy" Syburg, Purple Cow Organics LLC Monona/Wingra 1:00 PM - 2:00 PM <i>Also scheduled: Sat. 1:15 PM</i></p> <p>Session Description Scientists continue to gain greater understanding of the relationship between biology and plant mineral availability. Learn how this new understanding can impact your garden's soil health, crop health and ultimately human health.</p>
2:00	<p><b>Gardening for Pollinators*</b> Joseph Tyconievich, Greensparrow Gardens Mendota 1-2 2:00 PM - 3:00 PM</p> <p>Session Description You've seen the headlines: Bees are in serious trouble. Populations are dropping. Bumblebees have been added to the endangered species list. Here's the good news: You can do something concrete to help them survive. Unlike huge animals like elephants or whales, most bees, butterflies, and other pollinators only need a relatively small areaâ€”like your gardenâ€”to thrive. Learn how to turn your growing space into a pollinator paradise and help these threatened insects bounce back.</p>	<p><b>From the Garden: Herbal Medicine Making</b> Linda Conroy, Moonwise Herbs Mendota 5 2:00 PM - 3:00 PM <i>Also scheduled: Fri. 4:00 PM</i></p> <p>Session Description Learn to grow and harvest medicine from your garden. Also, learn to make salves, oils, lotions, syrups, tinctures and more!</p>	<p><b>Bringing the Mediterranean to the Midwest*</b> Jason Toth, Chicago Park District - Garfield Park Conservatory Mendota 8 2:00 PM - 3:00 PM <i>Also scheduled: Fri. 3:00 PM and Sat. 3:45 PM</i></p> <p>Session Description The harsh winters of the Midwest shouldn't deter gardeners from enjoying some Mediterranean style in their yards, porches or terraces. This lecture will include an introduction to the aesthetics of Mediterranean gardening; a recommended plant list, including native and cold-hardy European plants; plus the practical and environmental benefits from gardening with drought-tolerant plants.</p>	<p><b>What's New for Perennials*</b> Nancy Nedveck, The Flower Factory Waubesa/Kegonsa 2:00 PM - 3:00 PM <i>Also scheduled: Fri. 6:30 PM</i></p> <p>Session Description See new varieties for 2019. Suppliers keep improving perennials and finding new ones from all over the world for gardeners to enjoy right here in the midwest.</p>

<p><b>2:15</b></p>	<p><b>Starting a Native Garden from Your Windowsill*</b>  Dan Unruh  Mendota 3  2:15 PM - 3:15 PM  Session Description  Starting seedlings for a native garden requires little cost or space. Dan will discuss how to raise seedlings to create your own native garden.</p>	<p><b>Bloom or Bust!*</b>  Laurie Robertson and Errin Schlapbach,  Ganshert Nursery &amp; Landscapes  Mendota 4  2:15 PM - 3:15 PM  <i>Also scheduled: Fri. 3:00 PM and Sat. 1:15 PM</i>  Session Description  Let's make our short Wisconsin growing season feel longer, with blooms from March to October! From bulbs and perennials to trees and shrubs, learn from the pros so that you can always have something flowering in your garden.</p>	<p><b>Raised Row Gardening - Vegetable Gardening Made Easy!*</b>  Jim and Mary Competti, Old World Garden Farms  Mendota 6-7  2:15 PM - 3:15 PM  <i>Also scheduled: Fri. 4:00 PM and Sat. 10:45 AM</i>  Session Description  Learn how to grow a highly productive vegetable garden without the hassle of weeding, tilling, hoeing, watering or spraying.</p>	<p><b>Diseases of Trees and Shrubs</b>  Brian Hudelson, Plant Disease Diagnostics Clinic UW-Extension  Monona/Wingra  2:15 PM - 3:15 PM  <i>Also scheduled: Fri. 3:00 PM</i>  Session Description  Learn about common and emerging diseases that can adversely affect the trees and shrubs in your landscape. This presentation will help you learn how to identify and manage these diseases.</p>
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Seminar and demonstration topics and times are subject to change. For updated seminar/demonstration information go to [wigardenexpo.com](http://wigardenexpo.com).

**Demos**

<p><b>10:30</b></p>	<p><b>Pruning Primer</b>  Mike Maddox, UW-Extension  Demo Stage A  10:30 AM - 11:15 AM  <i>Also scheduled: Fri. 1:30 PM</i>  Session Description  A few simple hand tools and a little bit of knowledge are all you need to keep shrubs in good form.</p>	<p><b>Weather or Not!*</b>  Joe Theisen  Demo Stage B  10:30 AM - 11:15 AM  Session Description  It's 20 degrees below zero and dark outside, but you are warm inside basking in the light of your indoor garden. Joe will demonstrate how to extend your gardening season year-round. Emphasis will be on do-it-yourself projects with minimum expense.</p>
<p><b>11:30</b></p>	<p><b>Say Yes! To Indoor Gardening*</b>  Victor Zaderej, Happy Leaf LED  Demo Stage A  11:30 AM - 12:15 PM  Session Description  We will demonstrate how to set up a successful indoor garden for wonderful heirloom tomatoes and strawberries. Learn which varieties methods and tools work best.</p>	<p><b>How to Grow Giant Pumpkins</b>  John Barlow and Mike Schmit, Wisconsin Giant Pumpkin Growers  Demo Stage B  11:30 AM - 12:15 PM  <i>Also scheduled: Fri. 6:30 PM</i>  Session Description  How do you get pumpkins to grow so big? John and Mike will discuss steps from preparing the seed to harvesting Wisconsin pumpkins as big as 2,283 pounds.</p>
<p><b>12:30</b></p>	<p><b>Understanding Water Chemistry for the Aquarium Hobbyist*</b>  Craig Bingman, Madison Area Aquatic Hobbyists  Demo Stage A  12:30 PM - 1:15 PM  Session Description  Learn about water testing, biological and mechanical filtration, the nitrogen cycle and how adding live plants to an aquarium can change everything.</p>	<p><b>Build an "April Greenhouse" for Under \$100, That Heats Itself!*</b>  Joel Karsten, Straw Bale Gardens  Demo Stage B  12:30 PM - 1:15 PM  <i>Also scheduled: Fri. 12:30 PM and Sat. 11:30 AM</i>  Session Description  Learn to build a 7 ft. x 9 ft. and 6 ft. tall "April Greenhouse" to start 360 plants. You will walk away after this demo feeling confident enough to build your own amazing greenhouse. Bring your camera/phone to take pictures. You will receive a material list with items you can purchase at your local store. See how this simple greenhouse will save every gardener hundreds on spring bedding plants, transplants and flowers. You'll also discover how it will add a beautiful architectural element to your garden during the summer growing season! Based on Straw Bale Gardening.</p>

<p><b>1:30</b></p>	<p><b>Print Your Veggies!*</b>  Debra Shapiro  Demo Stage A  1:30 PM - 2:15 PM  <i>Also scheduled: Sat. 10:30 AM</i>  Session Description  Turn your garden photos into works of art to hang on your walls or add to tote bags, pot holders and aprons to wear. Participants will receive patterns for future projects with complete instructions.</p>	<p><b>How to Care for and Design with Air Plants*</b>  Michelle Glaser, Red Shed Garden &amp; Gifts  Demo Stage B  1:30 PM - 2:15 PM  <i>Also scheduled: Fri. 3:30 PM and Sat. 2:30 PM</i>  Session Description</p>
<p><b>2:30</b></p>	<p><b>Simple Ways to Grow Mushrooms at Home*</b>  Laura Kahles, Field and Forest Products  Demo Stage A  2:30 PM - 3:15 PM  <i>Also scheduled: Fri. 5:30 PM</i>  Session Description  Mushrooms don't just grow in the forests. These fascinating organisms can be planted in toilet paper rolls, egg cartons, flower pots and more! Mushrooms can be grown in the house, right on the kitchen table if desired. Best of all, it's easy.</p>	<p><b>The Year-Round Herb Garden*</b>  B.J. Miller, Happy Leaf LED  Demo Stage B  2:30 PM - 3:15 PM  Session Description  Have wonderful aromatic culinary herbs at your fingertips without the expense or hassle. B.J. will show you just how easy it can be.</p>
<p>Seminar and demonstration topics and times are subject to change. For updated seminar/demonstration information go to <a href="http://wigardenexpo.com">wigardenexpo.com</a>.</p>		